



TEXAS TOOTH STEPS

Texas Tooth Steps is the first step in oral health education and implementing positive oral health behaviors for pregnant people, new parents and infants. Trainers will receive resources and materials in English, Spanish, or Vietnamese to use to educate women around the importance of self-care and care of infants.

This program addresses three specific oral health behaviors: a healthy diet for infants, daily oral hygiene, and dental attendance and examination. It also expands the knowledge and awareness among perinatal parents about oral health and overall health.

TxOHC trainers provide training to partnering organizations wishing to purchase materials they may easily incorporate into their own perinatal education program. Materials include a set of three onesies printed with an age-specific oral health message corresponding to the size of the onesie, (3 month, 6 months and 12 months) as well as an educational brochure that provides oral health instructions with pictures demonstrating the information about all three oral health behaviors to help enforce healthy behaviors in the home. Onesies and brochures are offered in English, Spanish or Vietnamese.

By incorporating the techniques of positive reinforcement and rewards along with attention grabbing slogans, and meaningful visual cues, the presenter can implement lessons that have a lasting and beneficial impact on his/her clients. Please refer to our [promotional option list](#) for current pricing and options.

TxOHC Perinatal Program - <https://bit.ly/TTS-Program>

Train the Trainer
Program

Great Resources and
Materials for a
Community Project

Partner with Local
Organizations that Work
with Pregnant Women
and New Moms

All Materials are
Furnished for Trainers

Excellent for Baby Gifts



Be an Oral Health Champion

**The Texas Oral Health Coalition
invites all members to become
a TxOHC presenter/trainer for
our innovative perinatal oral
health program.**

