



TOBACCO RESEARCH & EVALUATION TEAM

THE UNIVERSITY OF TEXAS AT AUSTIN™



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The Tobacco Research & Evaluation Team works to make tobacco cessation referral accessible for to all Texans. Tobacco use increases patients' risk for a multitude of chronic diseases, as well as costly readmission visits to the hospital with complications. Patients are 66% more likely to quit when healthcare providers actively refer them to proactive tobacco cessation services. The evidence-based resources below incorporate referral to the Texas Quitline into the clinical workflow, and are an important part of our mission.



eTOBACCO PROTOCOL

The eTobacco Protocol is an electronic tobacco cessation referral tool integrated into electronic medical records (EMRs), that allows providers to refer patients to the Texas Quitline with a click in the EMR. Healthcare providers assess their patient's readiness to quit tobacco within 30 days, and with the patient's approval and a click in the EMR, the eTobacco Protocol sends a referral to the Texas Quitline.

Following a referral to the Quitline a Quit coach calls the patient within 48 hours to enroll them in comprehensive cessation support services (counseling and NRT) funded by the Texas Department of State Health Services (DSHS). The Quitline can send progress notes to the patient record closing the referral loop and offering vital information to enhance support if additional referrals are needed. If the eTobacco Protocol is not right for your healthcare system, a faxing protocol using the Texas Quitline app or a fax form available at www.yesquit.org is recommended.



TEXAS QUITLINE MOBILE APP

The Texas Quitline app is a HIPAA-compliant mobile app designed for healthcare providers and health advocates for both in-office and community-based patient interactions. The app includes information to help with motivational interviewing and immediate access to an electronic referral when the patient is ready to quit tobacco.

The app is free for the provider and the Quitline services are free for your patient. Download the app from the Apple or Android app store using the QR code below.

Quitline App
Apple



Quitline App
Android



TECHNICAL ASSISTANCE

Integration of the eTobacco Protocol into an EMR allows a secure data transmission between the Texas Quitline and EMR. Our team is available to facilitate the connection from testing to launch of the protocol. We provide the following free resources to help improve the workflow for tobacco cessation referral in the healthcare system:

- ✓ Facilitated communication with the Quitline technical staff
- ✓ Training support to increase staff awareness of the Quitline services
- ✓ Monitoring of aggregate referral data to offer support when needed
- ✓ Free certified training curriculum to support referral by community-based health workers

Reach out to our team at (512) 232-9307 or uttobacco@utexas.edu to find out how we can help systemize tobacco cessation referral in your clinical workflow.