

## CDC's releases new Clinical Practice Guideline for Prescribing Opioids for Pain

Published by Medpage, November 3, 2022 *CDC Just Changed Its Opioid Prescribing Guidelines. Here's What to Know*, states, "the new guidance -- which covers acute, subacute, and chronic pain for primary care and other clinicians . . . are voluntary and give clinicians and patients flexibility to support individual care, said Christopher Jones, PharmD, DrPH, MPH, acting director of CDC's National Center for Injury Prevention and Control in a CDC press briefing. They should not be used as an inflexible, one-size-fits-all policy or law, or applied as a rigid standard of care, or replace clinical judgement about personalized treatment, he emphasized."

Read the related materials:

- Medpage, [CDC Just Changed Its Opioid Prescribing Guidelines. Here's What to Know](#)
- [CDC Clinical Practice Guideline for Prescribing Opioids for Pain — United States, 2022](#)

## CMS expands Medicare to cover medically necessary conditions requiring dental services

The Centers for Medicare & Medicaid released a [final rule](#) on November 1 saying it will now cover dental services for Medicare beneficiaries under certain conditions deemed medically necessary. The expanded dental coverage will go into effect on January 1, 2023.

The ADA was pleased that CMS listened to many of the ADA's suggestions on the draft rule, which the Association shared in [comments filed Sept. 2](#). In those comments the ADA told CMS it supported providing dental coverage for the following instances, all of which are included in the final rule:

- Reconstruction of a ridge when performed as a result of and at the same time as the surgical removal of a tumor.
- Stabilization or immobilization of teeth when done in connection with the reduction of a jaw fracture.
- Extraction of teeth to prepare the jaw for radiation treatment of neoplastic disease.
- Dental splints only when used in conjunction with medically necessary treatment of a medical condition.
- Dental services — including both examination and treatment — prior to cardiac valve replacement, valvuloplasty or organ transplant procedures.

The final rule stated that Medicare payment would be provided if these procedures were done on an outpatient or an inpatient basis. Coverage would also be provided for ancillary services such as X-rays, anesthesia, or the use of an operating room for medically necessary procedures that fall under the rule.

Read the ADA's full statement [here](#).

Read the fact sheet ad from CMS.gov, *Calendar Year (CY) 2023 Medicare Physician Fee Schedule Final Rule* [here](#).

## TxOHC Member Spotlight

**Congratulations to Dr. Kila Johnson**



TxOHC Immediate Past-Chair Dr. Kila Johnson, DDS has recently c-authored the article, *Design for a cluster randomized controlled trial to evaluate the effects of the CATCH Healthy Smiles school-based oral health promotion intervention among elementary school children*, for the journal *Contemporary Clinical Trials Communications*. This article discusses the CATCH Healthy Smiles school health program in Houston.

You may read the final open-access version of the article [here](#).

Article co-author, Dr. Shreela Sharma, PhD, RDN, LD, presented on CATCH in June, the recording of this webinar may be found [here](#).

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**We are pleased to welcome the following new TxOHC members who joined after October 26, 2022.**

**Individual Members:**

- Andrea Ison  
Tyler Junior College, Dental Hygiene/BSDH student  
Pflugerville, TX
- Anita Joy-Thomas, BDS, PhD  
Professor and Chair, UTHealth Houston  
Houston, TX
- April Bustamante, RDH  
Dental Hygienist, Methodist Healthcare Ministries  
Seguin, TX
- Patricia Ribeiro Santos Contrera, DDS  
Dentist, SK Vista Medical  
Chino Hills, CA




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**TxOHC Member Provides Human Trafficking CDE**

TxOHC member Kandice Swarthout, RDH, LPC is providing 2.0 CDE of Texas Health and Human Services Commission-approved Human Trafficking self-instructional continuing education.

*In Plain Sight: Confronting the Human Trafficking Crisis in the Dental Setting*, Human trafficking is the fastest rising commerce in the world with over 200,000 minors at

risk in the United States. It is reported that up to 80% of victims are seen by a healthcare provider while captive. Dental providers are perfectly positioned to identify the signs and report suspected human trafficking. This course will educate dental clinicians on recognizing, screening, and reporting potentially trafficked persons.

Learn more and register at <https://inspired-ce.teachable.com/p/in-plain-site-confronting-the-human-trafficking-crisis-in-the-dental-setting>.

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## **TxOHC Offers Several Self-Instructional Courses that may be Completed Online for CDE**

Oral health providers may obtain 1.0 CDE for every one(1) hour of lecture. Online courses to choose from include:

- **Prescribers**
  - Mental Health & Opioid Use Disorder: Using the PMP to improve patient-centered care & communication
  - Statewide Mandate Compliance Using the PMP to Provide Patient-Centered Care
  - Maximizing Your Limited Time: Navigating Challenging Patient Conversations
  - Single Use Disposal Systems (SUDS) Training for Dentists
- **Patients with IDD**
  - Providing Dental Care under Advanced Anesthesia: Oral Sedation, IV Sedation, TIVA, IV Mac, and General Anesthesia
  - Special Conditions and Barriers and Challenges Providing Dental Care to Patients with IDD
  - Understanding and Working with Caregivers and Group Homes, Dental Desensitization/Advanced Behavior Techniques for Patients with IDD at AbSSLC
- **Oral Pathology**
  - Oral Cancer Update
  - Oral Manifestations of Systemic Diseases and Conditions
  - Common Lesions of the Oral Cavity, from Diagnosis to Treatment
- **Health Literacy**
  - The Power of Audience Insight
  - Using Storytelling to Engage
  - Making Data Count Building
  - Your Social Media Presence
  - Speaking Up for Fluoride

- **Teledentistry**
  - Selection of Teledentistry Platforms and Utilization in Alternative Care Settings
- **Prenatal**
  - Maternal Depression: Signs, Facts & Resources

To access any of these courses, please visit <https://txohc.org/education/self-instructional-webinars/>.

## TxOHC 2022 Wrap-Up and Celebration

Register here to join TxOHC members on **Friday, December 9, 2022**, for the 2022 Wrap-Up and learn what our Regional Oral Health Coalitions have been working on all year. Register for the virtual meeting at [https://bit.ly/TxOHC\\_12922](https://bit.ly/TxOHC_12922) to join us and help celebrate our members' accomplishments in 2022.

As part of the Collaborative Stakeholder Initiative between TxOHC and Midwest Dental, TxOHC members and partners can be entered into a drawing for a Young™ Infinity™ Cordless Propphy Handpiece. For each merchandise or equipment order placed with Midwest Dental in excess of \$500, your name will be added to the drawing.

**The drawing will be held during the virtual TxOHC meeting on Friday, December 9, 2022.**

To determine your eligibility for this drawing, please contact [Midwest Dental](#).

Members must be present virtually to win.

**MidwestDental**  
EQUIPMENT · SERVICES · SUPPLIES  
"Promoting total health through oral health."

**Help fund TxOHC and Oral Health for all Texans!**

**Collaborative Stakeholder Initiative**  
Your monthly purchases will help support and fund TxOHC and help improve the oral health of all Texans.

- Texas-based, family-owned, full-service dealer
- Next-day delivery of supplies
- Factory-trained, professional service techs
- Branch offices in Dallas, Houston and San Antonio

**TxOHC member benefits through Midwest Dental:**

- Substantial price discounts on merchandise, capital equipment and laboratory services
- Reduced service rate available
- Opportunities for free quarterly service call and equipment maintenance training session

**Enter for your chance to win a Cordless Handpiece:**

For each merchandise or equipment order placed with Midwest Dental in excess of \$500, your name will be added to a drawing for a free Young Infinity™ Cordless Propphy Handpiece!

Drawing will be held Dec. 9, 2022, at the TxOHC annual meeting. Member must be present to win.

**To place an order, please visit us at [MidwestDental.com](https://MidwestDental.com)!**

Your designated Midwest Dental contact: Customer Service Manager Kristin Gonzales (800) 766-2025 • [kristin.gonzales@midwestdental.com](mailto:kristin.gonzales@midwestdental.com)

**WIN ME!**

**YOUNG Infinity™ Cordless Propphy Handpiece**

Cordless, ergonomic handpiece with motor housing, 100% stainless steel with one-touch control. The cordless propphy handpiece is a cordless tool used for prophylaxis, scaling, and polishing. Cordless, and weighs only 115g. Two-year warranty.



## TxOHC Board of Directors

If you are a TxOHC member and interested in taking a more active role within the Coalition, we are looking to build a pool of potential board members. Please



complete [this interest application](#) to let us know of your interest.

To learn more about the Coalition and our activities, please visit our website at <https://txohc.org> or contact us at [info@txohc.org](mailto:info@txohc.org) for more information.

## Newly released: Vital and Health Statistics Series Report on Health Disparities in Healthy People 2020

On November 14, 2022, the National Center for Health Statistics (NCHS) released a report titled “Examining Progress Toward Elimination of Racial and Ethnic Health Disparities for Healthy People 2020 Objectives Using Three Measures of Overall Disparity.” This report provides the first-ever assessment of health disparities by race and ethnicity across all Healthy People 2020 objectives using multiple measures of health disparities.



To access the newly released report and other Healthy People content, visit the [NCHS Healthy People Publications webpage](#).

## Dental Bits and Bites

This edition of Fillings, Bits & Bites will focus on the topic of **Oral Health Emergencies**.

Oral health is directly linked to overall health and while many may see the two as separate, they are interrelated.<sup>1</sup> We, as leaders, clinicians, educators, and patient care advocates in primary care play an important role ensuring that the healthcare community recognizes the need for prevention, patient education and evidence-based treatment of oral health conditions. Oral health emergencies are all too common and result in lost productivity, unanticipated expense, and commonly encountered challenges with access. Per the CDC, dental emergencies lead to a loss of 34 million school hours and more than \$45 billion lost in productivity each

year.<sup>1</sup> The annual costs related to treatment and complications of abscessed teeth approaches \$1 billion.<sup>2</sup>

Dental emergencies (such as dental pain, dental fracture, dental avulsion, abscess etc.) are commonly first encountered in the primary care setting rather than at the dentist. 68 million American live in dental health profession shortage areas.<sup>3</sup> As such, effective education and training regarding preventative public health strategies such as fluoride varnish and acute treatment strategies of oral health conditions are both paramount components of primary care training. In 2000, the US Surgeon General prioritized a focus on oral health as part of overall health as an integral piece of well-being for all Americans. As part of this initiative, the Surgeon General highlighted the importance of removing barriers between people and oral health services making it even more important for primary care providers to be actively involved in oral healthcare for all patients.<sup>4</sup>

Valuable resources to effectively teach oral health emergencies in the primary care curriculum include the following:

- Smiles for life: [Smiles for Life Oral Health](#)
  - Acute Dental Problems Module
  - Free category 1 CME credit
- Oral Health Nursing Education and Practice [OHNEP LEADS THE WAY | Oral Health Nursing Education and Practice](#)
  - [OHNEP Case Study Resource Kit \(ohnep.org\)](#)
  - Examples of cases in this module include:
    - “You are the RN on call for Pediatric triage. Ms. Jones calls and says that Sarah, her 10-year-old daughter, was kicked in the mouth during soccer and her front tooth was knocked out. What do you tell Ms. Jones to do?”
    - “You are the RN in the Emergency Department. Ms. Jones arrives at the ED with Sarah, her 10-year-old daughter, with the avulsed tooth in a jar of milk.”
      - [Dental Avulsions: Review and Recommendations](#) (The Nurse Practitioner)
      - Step by step approach to dental avulsion or fracture
        - [Bright Futures Oral Health Pocket Guide \(mchoralhealth.org\)](#)
- American Academy of Family Physicians
  - Dental Problems in Primary Care [Dental Problems in Primary Care \(aafp.org\)](#)

- Common Dental Emergencies [Common Dental Emergencies \(aafp.org\)](#)
- American Academy of Pediatrics
  - [Management of Dental Trauma in a Primary Care Setting-AAP](#)
- Injury Prevention overview (Protective gear such as mouthguards/helmet during athletics, dangers of oral piercing, etc.
  - [Bright Futures Oral Health PocketGuide.pdf \(mchoralhealth.org\)](#),
  - [Dental Emergency Tips - American Dental Association \(mouthhealthy.org\)](#)
- The story of Demonte Driver is a powerful story to review the following:
  - Dangers of untreated oral health conditions
  - How a simple oral health problem such as a cavity may progress to an oral health emergency
  - How oral health may be taught with an equity lens
    - [For Want of a Dentist Pr. George's Boy Dies After Bacteria From Tooth Spread to Brain - The Washington Post](#)
    - [Before You Say Ahhhh...Integrating Oral Health and Behavioral Health in Primary Care Settings - YouTube](#)
    - Join the Fight for Oral Health: Patient Education and Medication Management: PA Health Foundation (includes an overview of a dental emergency occurring in a pregnant woman leading to sepsis and fetal loss and a man with periodontal disease and abscess)
      - [nccPA Health Foundation > Tools & Resources > Video Library](#)
- An overview of emergency department usage for oral health conditions
  - [ABC of Oral Health Dental Emergencies](#)
  - [Improving Access to Oral Healthcare for Vulnerable Populations.pdf \(hrsa.gov\)](#)
  - [Evaluating and Managing Dental Complaints in Primary and Urgent Care-Journal for NPs](#)
    - Oral health questions from the article (attached)
  - [What to do in a Dental Emergency-Delta Dental](#)
  - [Colgate-Do You Need Emergency Dental Care](#)

An overview of this topic covers cognitive domains:

- Risk Assessment
- Oral Health Evaluation
- Preventive Intervention
- Communication and Education
- Interprofessional Collaborative Practice.



- Preventive Care Utilization Among Rural Versus Urban Women 12 Months Prior to Pregnancy.
- Burns R, Keomany J, Okut H, Ablah E, Montgomery H. 2022. Kansas Journal of Medicine. DOI: 10.17161/kjm.vol15.16221. [View full text](#)

## Materials and Other Resources

- [HHS Approves 12-Month Extension of Postpartum Medicaid and CHIP Coverage in Hawaii, Maryland, and Ohio](#) (2022).

## Press release by the Centers for Medicare & Medicaid Services

- [Medicaid Adult Dental Coverage Checker](#) (2022).  
Tool produced by CareQuest Institute for Oral Health

## Resources from OHRC

- [Advancing Oral Health Equity: A Resource Guide](#) (2022)
- [Oral Health Resource Bulletin: Volume 48](#) (2022)

[Networks for Oral Health Integration \(NOHI\) Within the Maternal and Child Oral Health Safety Network: Environmental Scan 2021–2022 Chartbook](#) (2022). The chartbook contains data about factors that could impact the integration of oral health care into primary care for pregnant women, infants, and children at high risk for oral disease in 11 states and Washington, DC, as part of the [Networks for Oral Health Integration \(NOHI\) Within the MCH Safety Net](#), an initiative funded by MCHB. The chartbook presents data related to scope of practice for medical and dental providers, Medicaid billing and payment, and policies and regulations. It also presents information about the NOHI projects and the environmental scan data collection tool. A set of chartbooks with results of the environmental scan for each NOHI project complements the 12 state/jurisdiction chartbook:

- [Midwest Network for Oral Health Integration \(MNOHI\): Environmental Scan 2021–2022 Chartbook](#) (2022)
- [Rocky Mountain Network of Oral Health \(RoMoNOH\): Environmental Scan 2021–2022 Chartbook](#) (2022)
- [Transforming Oral Health for Families \(TOHF\): Environmental Scan 2021–2022 Chartbook](#) (2022)

[Pharmacological Considerations for Pregnant Women](#) (Upd. 2022)

This table, excerpted from [Oral Health Care During Pregnancy: A National Consensus Statement—Summary of an Expert Workgroup Meeting](#) (2012), was recently updated.

### [Online Library](#)

OHRC's online library contains over 3,000 resources to assist professionals (you!) in providing education and training, developing programs, and staying abreast of new developments. Featured topics include [Oral Health During Pregnancy](#) and [Pregnancy Guidelines](#).

### [OHRC Update](#)

Subscribe to OHRC Update for announcements about new and updated resources, website features, and other resources of interest. [View the August 2022 issue](#).

### [OHRC Staff](#)

Reach out to OHRC staff for assistance on oral health issues such as educational materials, Head Start, integrating oral health care and primary care, prenatal care, Title V national performance measure on oral health (NPM 13), and adapting or reproducing OHRC materials.

-- *National Maternal and Child Oral Health Resource Center*

## **TxOHC Quarterly Member Meetings**

The Coalition is pleased to host quarterly member meetings on the third Friday of the designated month from 11:30 AM – 1:00 PM CT.

Please join regional oral health coordinators; Dr. Yashashri Urankar for Austin, Lynn Southerland for Coastal Bend, Dr. Teresita Ladrillo for Houston, Dr. Sowmya Renuka for North Central Texas, and Dr. Rebecca Davenport for San Antonio in their separate breakout rooms for the first 45 minutes. After which, everyone will return to the main room to hear all of the coalitions report out.

This is an excellent opportunity to participate at your local level. We encourage all members to actively engage in their regional coalitions to share resources, leverage innovative information and create viable solutions to address local challenges.

If you have not joined your regional coalition you may do so [here](#).

**Upcoming meetings:**

- **Friday, November 18, 2022**
- Registration is complimentary but required at <https://bit.ly/QtrMtg> to receive your meeting link and passcode.



**TXOHC QUARTERLY MEMBER MEETING**

**Friday, November 18, 2022**  
**11:30 AM - 1:00 PM CT**

Regional Oral Health Coalitions will meet in separate breakout rooms for 45 minutes then everyone returns the last 45 minutes for coalitions to report out.

Register at:  
<https://bit.ly/QtrMtgs>

 **TEXAS ORAL HEALTH COALITION**

## Join us this Giving Tuesday!



At TxOHC, we're gearing up for our favorite day of the year; #GivingTuesday!

It's the day we get together with people all over the world to celebrate the positive impact that giving, volunteering, and kindness make in our communities. It's always the Tuesday after Black Friday, and that means this year, it's November 29.

The Texas Oral Health Coalition (TxOHC) is happy to join the largest giving day of the year with a twist. Our goal is to raise **\$3,000.00 in 30 days**. All donations submitted during the month of November will go towards our Giving Tuesday fundraising goal.

This year, we're excited to make even more progress toward gathering and disseminating information relating to oral health and the delivery of oral health care in the state of Texas at no charge to the public. We hope you'll join our nonpartisan

network of diverse stakeholders focused on creating viable solutions, sharing innovative information, and leveraging resources for the health of all Texans.

Thanks to the support from our community, we hope this year's celebration will be even bigger and better. TxOHC strives to continue our monthly webinars to provide oral health education for health providers, produce additional [community resource guides](#) that address social determinants of health factors for specific populations, and increase the number of [regional oral health coalitions](#) across Texas whose purpose is to improve the oral health of communities and promote partnerships for sustainable, equity-informed, community-driven advocacy.

A blue rectangular button with rounded corners containing the text "DONATE TODAY!" in bold, yellow, uppercase letters.

Make a donation at <https://txohc.org/givingtuesday> and make a difference in the impact the Texas Oral Health Coalition can make to achieve optimal health for all Texans.

## Teledentistry in Texas

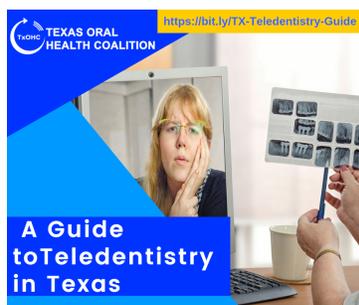
### 3 Part Webinar Series

TxOHC started hosting a 3-part teledentistry webinar series beginning September 2022. Recordings of these presentations may be found on our website at <https://txohc.org/education/teledentistry-texas/> and they may also be offered as self-instructional on-demand courses for continuing dental education credit.

- September 9, 2022 - Taking the Mystery Out of Billing for Virtual Visits presented by Jamie Collins, RDH-EA, BS
- October 14, 2022 - Selection of Teledentistry Platforms and Utilization in Alternative Care Settings presented by McAllister Castelaz, DMD, FAGD
- **TBA** - Teledentistry in Texas: What Can Be Done, What Can't Be Done, and What Could Be Done for Maximum Impact a moderated discussion with Dr. Scott Howell, DMD, MPH, FSCD; Dr. Margo Melchor, RDH, MEd, EdD; and Ms. Lorie Jones, RDH, BSDH, MBA.

**The third webinar scheduled for Friday, November 11, 2022, from 12:00 PM – 1:00 PM CT was canceled due to unforeseen circumstances. We will try to**

**reschedule this webinar for December 2022 or January 2023 and will keep you informed when the new date has been scheduled for this event.**



The Texas Oral Health Coalition (TxOHC) is pleased to share the updated Teledentistry Guide to view or download from our website.

We've included a short Checklist and a Teledentistry Informed Consent template you are welcome to use. The Consent form is a fillable pdf where you can insert your own logo, or copy the information and create an online form for your patients to access virtually. We included all of the state requirements we could find for this consent form, but as with anything legal, please refer to your own attorney. The Teledentistry Guide should be considered a fluid document in that if any rules or regulations change the Teledentistry Guide will be updated.

*A Guide to Teledentistry in Texas* is available on the TxOHC website at <https://txohc.org/communication/coalition-publications/tx-teledentistry-guide/>.

## TxOHC Members-Only Listserv

A friendly reminder to all of our members that the Coalition has a private members-only listserv. This is where you can share information, resources, and discuss current topics.

Please complete this short online form linked below and **reply to the email confirmation to complete the process.** <https://txohc.org/get-involved/membership/m-o-mail-list/>

Thank you and we look forward to your participation.

## Call for Presenters

The Texas Oral Health Coalition is excited to continue hosting monthly webinars in 2023 with different topics and presenters on the second Friday of each month during the noon hour, 12:00 - 1:00 PM CT.

If you are interested in sharing your research or expertise, please complete and submit the linked documents below for consideration.



[Financial Disclosure and Bio Speaker Proposal Submission](#)

## TxOHC Thanks our Organizational Members



TEXAS TECH UNIVERSITY  
HEALTH SCIENCES CENTER,  
EL PASO

Woody L. Hunt School of Dental Medicine



Texas A&M  
Dental Public Health  
Residency Program

Texas Woman's University  
Student Chapter of  
American Dental  
Hygienists' Association



Join [here](#) if your organization is interested in joining our efforts to improve the oral healthcare system in Texas.

**With much appreciation and sincerest gratitude,  
we wish to thank our 2022 Coalition Partners!**



## Your Contribution Matters

Please make plans to contribute to your favorite nonprofit either through [AmazonSmile](#), by choosing TxOHC as your charity as you do your online shopping, or by the donation button below.

TxOHC is also raising funds with Planet Green Recycle through our ink cartridges recycling fundraiser. [Click here](#) to request your FREE USPS shipping label to recycle your inks. Be sure to type in our Program ID Code: 32140 when completing the shipping form.

Your contribution is essential to our continued efforts and will make a real difference in the lives of thousands of your neighbors. **Please share in our vision to make optimal health a reality for all Texans.** Thank you for your consideration and we look forward to you joining our efforts to continue this forward momentum.

**DONATE**