FOOD DRIVE/FOOD PANTRIES

Spring Woodlands Ministry (SWM)
Days of Operations: For food delivery drop-off, please contact SWM at Info@SWMin.org to schedule an appointment.
Services: Food Pantry
Website: https://springwoodlandsministries.org/
Address: SWM is mobile.
Number: 281-353-4480
Note: Serving seniors ages 61 and older in zip codes 77373, 77379, 77380, 77381, 77382 and 77386 77388, 77389 in Woodlands, Spring and Klein areas.

Northwest Assistance Ministries (Meals on Wheels)
Days of Operations: Mon-Fri / 9am-2pm
Services: Food Pantry
Website: https://www.namonline.org/
Address: 15555 Kuykendahl Road
Houston, TX 77090
Number: 281-885-4555

Community Family Centers
Days of Operations: Mon- Fri / 7:30am-5pm
Services: Food Pantry
Website: www.communityfamilycenters.org/
Address: 7524 Avenue E
Houston, TX 77012
Number: 713-923-2316

The Way Food Pantry
Services: Food Pantry
Website: https://www.wayfoodpantry.com/
Address: The Way Church
24418 Interstate 45 North, Spring, TX 77386
Number: 281-681-8922

Trinity Lutheran Church
Days of Operations: Mon & Wed/ 9:30-11am
Services: Food Pantry
Website: https://www.trinityklein.org/care/food-pantry/
Address: Trinity Klein
5201 Spring Cypress Rd., Spring, TX 77379
Number: 281-290-4922
Note: We will assist 100 families a week. You must make an appointment online. Call for appointment assistance.

Houston Food Bank - Senior Box Program
Services: Food Pantry
Website: https://www.houstonfoodbank.org/our-programs/senior-box-program/
Address: 535 Portwall St.
Houston, TX 77029
Number: 832-369-9390
Note: Serves income-eligible seniors ages 60 and older in Harris, Montgomery, Galveston, Brazoria, Waller, Walker, Chambers, Liberty, Fort Bend Counties.

Last Updated: August 2021
Humble Area Assistance Ministries (Meals on Wheels)
Services: Food Pantry
Website: https://haamministries.org/
Address: 1304 First Street
Humble, TX 77338
Number: 281-446-3663
Note: Contact for eligibility.

New Deliverance Fellowship Ministries
Community Food Bank
Services: Food Bank
Website: https://www.newdeliverancefellowshipministries.com/bgm/
Address: 6602 Martin Luther King Blvd.
Houston, TX 77033
Number: 713-731-1250
Email: debstring@aol.com
Note: Email for information.

South Union Church of Christ
Services: Food Pantry
Website: https://www.southunioncoc.org/
Address: 7427 Ardmore St.
Houston, TX 77054
Number: 713-747-5440
Email: secretary@sucoc.org
Note: Email for information.

Northwest Assistance Ministries (NAM)
Days of Operations: Mon-Fri/ 9am-2pm
Services: Car Repair/Replacement
Website: https://www.namonline.org/
Address: 15555 Kuykendahl Road
Houston, TX 77090
Number: 281-583-5600

Rides
Services: Public Transportation for seniors ages 64 and older
Website: https://rides.harriscountytx.gov/Pages/default.aspx
Address: 8410 Lantern Point Drive
Houston, TX 77054
Number: 713-368-7433

METRO
Days of Operations: Mon- Fri/ 8am - 5pm
Services: Public transportation for seniors ages 65 and older
Website: https://www.ridemetro.org/Pages/ContactUs.aspx
Address: Lee P. Brown Administration Building, 1900 Main St., Houston, TX 77002
Number: 713-739-6968

Last Updated: September 2020
## TRANSPORTATION

### Reduced-Cost Taxi Service

**Services:** Transportation for seniors or disabled individuals unable to access typical public transportation  
**Website:** [https://rides.harriscountytx.gov/Lists/Registrations/NewForm.aspx?Source=/Pages/Registration-Successful.aspx](https://rides.harriscountytx.gov/Lists/Registrations/NewForm.aspx?Source=/Pages/Registration-Successful.aspx)  
**Number:** 713-578-2216

### Ride United (Lyft Service by United Way)

**Services:** Transportation for individuals with specific non-emergency healthcare transport, employment and veterans' needs  
**Number:** 877-541-7905

## FINANCIAL ASSISTANCE

### STAR - Medicaid Managed Care

**Services:** Financial Aid  
**Website:** [https://yourtexasbenefits.hhsc.texas.gov/programs/health](https://yourtexasbenefits.hhsc.texas.gov/programs/health)  
**Number:** 1-877-541-7905

### Northwest Assistance Ministries (Emergency Basic Needs Program)

**Days of Operations:** Mon-Fri/ 8:30am-4pm; Call to schedule an appointment  
**Services:** Financial Aid  
**Website:** [https://www.namonline.org/](https://www.namonline.org/)  
**Address:** 15555 Kuykendahl Rd. 
Houston, TX 77090  
**Number:** 281-885-4555  
**Email:** naminfo@namonline.org

## HOUSING

### Northwest Assistance Ministries (NAM)

**Days of Operations:** Mon-Fri/ 8am -11am & 1pm - 2pm  
**Services:** Housing Assistance  
**Website:** [https://www.namonline.org/](https://www.namonline.org/)  
**Address:** 15555 Kuykendahl Rd. 
Houston, TX 77090  
**Number:** 281-885-4555

### Aishel House

**Days of Operations:** Mon-Fri / 8am -5pm  
**Services:** Housing  
**Website:** [https://www.aishelhouse.org/](https://www.aishelhouse.org/)

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_Last Updated: August 2021_
| **Legacy Community Health** | **Days of Operations:** Mon-Fri/ 8am - 5:15pm; Sat/ 8am - 4pm  
**Services:** Dental Care  
**Website:** [http://www.legacycommunityhealth.org/](http://www.legacycommunityhealth.org/)  
**Address:** 3811 Lyons Avenue  
Houston, TX 77020  
**Number:** 832-548-5000 |
| **Spring Branch CHC - Pitner Clinic** | **Days of Operations:** Mon-Fri/ 8am -5pm  
**Services:** Dental Care  
**Website:** [https://www.sbchc.net/](https://www.sbchc.net/)  
**Address:** 8575 Pitner Rd.  
Houston, TX 77080  
**Number:** 713-462-6555  
**Note:** Serves residents of Fort Bend, Harris County, Montgomery and Waller County; offers sliding fee for uninsured. |
| **Hacs Spring-Cypress** | **Days of Operations:** Mon-Fri/ 9am-5pm  
**Services:** Dental Care  
**Website:** [https://avenue360.org/](https://avenue360.org/)  
**Address:** 17010 Sugar Pine Dr.  
Houston, TX 77090  
**Number:** 713-426-0027 |
| **Legacy Southwest Clinic** | **Days of Operations:** Mon-Fri/ 8am-8pm; Sat/ 8am-5pm  
**Services:** Dental Care  
**Website:** [https://www.legacycommunityhealth.org/](https://www.legacycommunityhealth.org/)  
**Address:** 1415 California St.  
Houston, TX 77006  
**Number:** 713-830-3000 |
| **Vecino Health Centers** | **Days of Operations:** Thur-Fri/ 8am-5pm  
**Services:** Dental Care  
**Website:** [https://denverharborclinic.org/](https://denverharborclinic.org/)  
**Address:** 424 Hahlo Street  
Houston, TX 77020  
**Number:** 713-674-3326 |
Harris County Area Agency on Aging

**Services:** Benefits Counseling, Nutrition, In-home Services, Health Promotion, Caregiver Services, Special Services

**Website:** [https://www.houstontx.gov/health/Aging/](https://www.houstontx.gov/health/Aging/)

**Address:** 8000 N Stadium, 3rd Floor, Houston, TX 77054

**Number:** 832-393-4301

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**Grants for Seniors in Texas**

**Services:** Resources for housing and rent assistance, financial assistance, health assistance, utility bills assistance, and food assistance

**Website:** [https://grantsforseniors.org/grants-for-seniors-in-texas/](https://grantsforseniors.org/grants-for-seniors-in-texas/)

**Grants for Seniors in Houston**

**Services:** Houston specific resources for housing and rent assistance, financial assistance, health assistance, utility bills assistance, and food assistance

**Website:** [https://grantsforseniors.org/grants-for-seniors-in-houston](https://grantsforseniors.org/grants-for-seniors-in-houston)

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**Healthy Aging Program**

Email: aging@houstontx.gov

**Harris County Public Health: Healthy Aging Program**

**Days of Operations:** 8 - 4 PM Daily

**Services:** Online and in-person evidence-based workshops designed to improve the health of seniors, age 60 and older. Workshops include chronic disease and pain management and fitness balance workshops to name but a few.

**Address:** 7457 Harwin Dr. #149, Houston, TX 77036

**Number:** 713-274-5757

**Email:** HealthyAging@phs.hctx.net

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**Last Updated:** August 2021