

# Houston Perinatal Resource Guide



## FOOD DRIVE/FOOD PANTRIES

### Houston Food Bank

**Services:** Food Pantry

**Website:** [houstonfoodbank.org](http://houstonfoodbank.org)

**Address:** 535 Portwall St., Houston, TX 77029

**Number:** 832-369-9390

### L.I.F.E. Houston

**Days of Operations:** Mon-Fri/ 9am –3pm

**Services:** Emergency Infant Formula

**Website:** <https://www.lifehouston.org/>

**Address:** 204 Clifton St., Houston, TX 77011

**Number:** 713-528-6044

### Northeast Multi-Service Center

**Days of Operations:** Mon-Fri/ 8am -5pm

**Services:** Food Pantry

**Website:** [http://www.houstontx.gov/health/MSC/Northeast Multi Service Center.html](http://www.houstontx.gov/health/MSC/Northeast_Multi_Service_Center.html)

**Address:** 9720 Spaulding St.  
Houston, TX 77016

**Number:** 832-395-0472

### The Way Food Pantry

**Services:** Food Pantry

**Website:** <https://www.wayfoodpantry.com/>

**Address:** The Way Church  
24418 Interstate 45 North, Spring, TX 77386

**Number:** 281-681-8922

### Katy Christian Ministries

**Services:** Food Pantry

**Address:** 5506 1st St., Katy TX 77493

**Number:** 281-391-3730

### Faith Center - Food Pantry & Clothes Closet

**Days of Operations:** Mon – Fri/ 10am -1pm

**Services:** Food Pantry & Clothes Closet

**Address:** Faith Center - Spring Branch  
8244 Long Point Rd., Houston, TX 77055

**Number:** 713-554-8801

### Community Family Centers

**Days of Operations:** Mon- Fri /7:30am-5pm

**Services:** Food Pantry

**Website:** [www.communityfamilycenters.org/](http://www.communityfamilycenters.org/)

**Address:** 7524 Avenue E., Houston, TX 77012

**Number:** 713-923-2316

**Email:** [debstring@aol.com](mailto:debstring@aol.com)

### Supplemental Nutritional Assistance Program (SNAP)

**Services:** Food Assistance

**Website:** <https://www.yourtexasbenefits.com/Learn/Home>

**Number:** 281-874-0048

### Trinity Lutheran Church

**Days of Operations:** Mon & Wed/ 9:30-11am

**Services:** Food Pantry

**Website:** <https://www.trinityklein.org/care/food-pantry/>

**Address:** Trinity Klein  
5201 Spring Cypress Rd., Spring, TX 77379

**Number:** 281-290-4922

**Note:** We will assist 100 families a week. You must make an appointment online. Call for an appointment.

*Last Updated: August 2020*

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### MESA Outreach (Karen's Place)

**Days of Operations:** Every second and fourth Tuesday of each month from 5pm-7:30pm. A food fair/produce truck will be held from 9-11am on the third Saturday of every month.

**Services:** Food Pantry

**Website:** <https://www.mesa-outreach.org/>

**Address:** Bear Creek United Methodist Church,  
16000 Rippling Water Drive  
Houston, TX 77084

**Number:** 281-599-8536

### South Union Church of Christ

**Services:** Food Pantry

**Website:** <https://www.southunioncoc.org/>

**Address:** 7427 Ardmore St.  
Houston, TX 77054

**Number:** 713-747-5440

**Email:** [secretary@sucoc.org](mailto:secretary@sucoc.org)

**Note:** Email for information.

## TRANSPORTATION

### Northwest Assistance Ministries (NAM)

**Days of Operations:** Mon-Fri/ 9am-2pm

**Services:** Car Repair/Replacement

**Website:** <https://www.namonline.org/>

**Address:** 15555 Kuykendahl Road  
Houston, TX 77090

**Number:** 281-583-5600

### Faulk Foundation

**Days of Operations:** Mon-Fri/ 8am -5pm

**Services:** Transportation

**Website:** <https://faulkfoundation.org/>

**Address:** 6135 Northdale St.  
Houston, TX 77087

**Number:** 713-358-6327

**Email:** [tff@faulkfoundation.org](mailto:tff@faulkfoundation.org)

### Salvation Army (Aldine Westfield Corps)

**Days of Operations:** Mon-Fri/ 8:30am -7pm

**Services:** Transportation

**Website:** <https://rides.harriscountytexas.gov/Pages/default.aspx>

**Address:** 2600 Aldine Westfield Rd.  
Houston, TX 77093

**Number:** 713-692-2283

**Email:** [tsa.houston@uss.salvationarmy.org](mailto:tsa.houston@uss.salvationarmy.org)

### Harris County Community Services Dept. (Share Ride Taxi Program)

**Days of Operations:** Mon-Fri/ 8am -5pm

**Services:** Transportation

**Website:** [harriscountytexas.com](http://harriscountytexas.com)

**Address:** 9418 Jensen Dr.  
Houston, TX 77093

**Number:** 713-578-2216

**Email:** [transit@hctx.net](mailto:transit@hctx.net)

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# Houston Perinatal Resource Guide



## HOUSING

### Change Happens

**Days of Operations:** Mon-Thurs/ 8am -6pm

**Services:** Housing

**Website:** <https://www.changehappenstx.org/contact>

**Address:** 3353 Elgin St.  
Houston, TX 77004

**Number:** 713-374-1200

### Horizon Outreach

**Days of Operations:** Mon-Fri/ 8am -5pm

**Services:** Housing

**Website:** <https://www.horizonoutreach.org/>

**Address:** 256 N. Sam Houston Pkwy,  
E. Suite 115, Houston, TX 77060

**Number:** 713-467-4966

### New Hope Housing

**Days of Operations:** Mon-Fri/ 8am -4pm

**Services:** Housing

**Website:** <https://www.newhopehousing.com/>

**Address:** 4415 Perry Street  
Houston, TX 77021

**Number:** 713-522-4415

**Email:** [info@newhopehousing.com](mailto:info@newhopehousing.com)

## FINANCIAL ASSISTANCE

### Northwest Assistance Ministries

**Days of Operations:** Mon-Fri/ 8:30am -4pm;  
Call to make an appointment.

**Services:** Emergency Basic Needs

**Website:** <https://www.namonline.org/>

**Address:** 15555 Kuykendahl Road  
Houston, TX 77090

**Number:** 281-885-4555

**Email:** [naminfo@namonline.org](mailto:naminfo@namonline.org)

### Temporary Assistance to Needy Families (TANF)

**Services:** Financial Assistance

**Website:** <https://hhs.texas.gov/>

**Number:** 877-541-7905

## DENTAL CARE

### Spring Branch CHC - Pitner Clinic

**Days of Operations:** Mon-Fri/ 8am -5pm

**Services:** Dental Care

**Website:** <https://www.sbchc.net/>

**Address:** 8575 Pitner Rd.  
Houston, TX 77080

**Number:** 713-462-6555

**Note:** Serves residents of Fort Bend, Harris County, Montgomery and Waller County; offers sliding fee for uninsured.

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## DENTAL CARE

### Legacy Southwest Clinic

**Days of Operations:** Mon-Fri/ 8am-8pm;  
Sat/ 8am-5pm

**Services:** Dental Care

**Website:** [https://](https://www.legacycommunityhealth.org/)

[www.legacycommunityhealth.org/](https://www.legacycommunityhealth.org/)

**Address:** 1415 California St.

Houston, TX 77006

**Number:** 713-830-3000

### Legacy Community Health

**Days of Operations:** Mon- Fri/ 8am - 5:15pm;  
Sat/ 8am - 4pm

**Services:** Dental Care

**Website:** [http://](http://www.legacycommunityhealth.org/)

[www.legacycommunityhealth.org/](http://www.legacycommunityhealth.org/)

**Address:** 3811 Lyons Avenue

Houston, TX 77020

**Number:** 832-548-5000

### Harris County Public Health Dental Health and Prevention services - Humble Clinic

**Days of Operations:** Mon-Fri/ 8am –12pm &  
1pm –5pm

**Services:** Dental Care

**Website:** [https://](https://publichealth.harriscountytexas.gov/Services-Programs/All-Services/Dental-Services)

[publichealth.harriscountytexas.gov/Services-  
Programs/All-Services/Dental-Services](https://publichealth.harriscountytexas.gov/Services-Programs/All-Services/Dental-Services)

**Address:** 1730 Humble PI Dr.

Humble TX, 77338

**Number:** 832-927-1300

### Hacs Spring-Cypress

**Days of Operations:** Mon-Fri/ 9am-5pm

**Services:** Dental Care

**Website:** <https://avenue360.org/>

**Address:** 17010 Sugar Pine Dr.

Houston, TX 77090

**Number:** 713-426-0027

### Vecino Health Centers

**Days of Operations:** Thur-Fri/ 8am-5pm

**Services:** Dental Care

**Website:** <https://denverharborclinic.org/>

**Address:** 424 Hahlo Street

Houston, TX 77020

**Number:** 713-674-3326

## WIC SUPPORT

### Harris County Public Health: Women, Infants and Children (WIC) Program

**Days of Operations:** mon, tues, wed: 8am-  
5:30pm, thurs-fri: 8am-2:30pm, sat: by  
appointment

**Services:** WIC Support

**Number:** 713-407-5800

11 WIC centers in Harris county, must call and  
make an appointment to WIC call center  
WIC call center hours: mon-wed 8am-6pm,  
thurs: 8-3pm, fri: 8am-2pm

*Last Updated: August 2020*