

Austin Senior Resource Guide



FOOD DRIVE/FOOD PANTRIES

Meals on Wheels

Days of Operations: Mon-Thur/ 8am - 5pm;
Fri/ 8am-3:30pm

Services: Food Pantry

Website: [https://
www.mealsonwheelscentraltexas.org/](https://www.mealsonwheelscentraltexas.org/)

Address: 3227 East 5th St.
Austin, TX 78702

Number: 512-476-6325

Email: email@mealsonwheelscentraltexas.org

Hope Food Pantry Austin

Days of Operations: Thur-Fri/ 9am – 10:30am;
First Saturday of each month/ 9am-10:30am

Services: Food Pantry

Website: <http://hopefoodpantryaustin.org/>

Address: 4001 Speedway
Austin, Texas 78751

Number: [512-592-3171](tel:512-592-3171)

Email: info@hopefoodpantryaustin.org

Central Texas Food Bank

Days of Operations: Mon-Fri/ 8am - 5pm

Services: Food Pantry

Website: <https://www.centraltexasfoodbank.org/>

Address: 6500 Metropolis Drive,
Austin, TX 78744

Number: 512-282-2111

Feeding Texas

Days of Operations: Mon-Thur/ 8:30am - 5pm;
Fri/ 9am-3pm

Services: Food Pantry

Website: <https://www.feedingtexas.org/>

Address: 1524 South IH-35, Ste. 342
Austin, TX 78704

Number: 512-527-3613

Food Pantries of Texas

Services: Food Pantry

Website: <https://www.foodpantries.org/st/texas>

Note: Provides a search engine to locate
multiple food pantries in your area

TRANSPORTATION

Senior Access

Services: Transportation

Website: <https://www.senioraccessstx.org/>

Address: 2498 E Palm Valley Blvd.
Round Rock, TX 78665

Number: 512-310-1060

Email: admin@senioraccessstx.org

Carts Medical Transportation

Days of Operations: Mon-Fri/ 9am -3pm

Services: Transportation

Website: [http://www.ridecarts.com/services/
medical](http://www.ridecarts.com/services/medical)

Address: 5th and Comal 412 Comal St.
Austin, TX 78702

Number: 512-478-7433

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TRANSPORTATION

Capitol Metro Services

Services: Transportation

Website: <https://capmetro.org/help/>

Number: 512-474-1200

DENTAL CARE

Ben White Dental Clinic

Days of Operations: Mon-Fri/ 7:30am-6pm

Services: Dental Care

Website: <https://www.freedentalcare.us/ci/tx-austin>

Address: 1221 West Ben White
Austin, TX 78704

Number: 512-978-9700

Note: Offers a sliding scale cost for services based on your income

Community Health Centers of South-Central Texas

Services: Dental Care

Website: <https://www.chcsct.com/dental-clinic/>

Address: 228 Saint George
Gonzales, TX 78629

Number: 1-830-672-6511

Note: Different locations have different hours of operation. Please call and confirm.

Days of Operations: Mon-Fri/ 7:30am-6pm

Services: Dental Care

Website: <https://www.freedentalcare.us/ci/tx-austin>

Address: 15 Waller Street, Austin, TX 78702

Number: 512 -978-9895

Note: Offers a sliding scale cost for services based on your income

North Central Health Center Dental Clinic

Days of Operations: Mon-Thur/ 7:30am-9pm;
Fri/ 7:30am-6pm; Sat/ 8am-12pm

Services: Dental Care

Website: <https://www.freedentalcare.us/ci/tx-austin>

Address: 1210 W. Braker Lane,
Austin, TX 78758

Number: 512-978-9880

Note: Offers a sliding scale cost for services based on your income

Southeast Health and Wellness Center Dental Clinic

Days of Operations: Mon-Fri/ 7:15am-6pm

Services: Dental Care

Website: <https://www.freedentalcare.us/ci/tx-austin>

Address: 2901 Montopolis Drive
Austin, TX 78741

Number: 512-978-9901

Note: Offers a sliding scale cost for services based on your income

RBJ Dental Clinic



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HOUSING

Caritas of Austin

Services: Housing for Homeless

Website: <http://www.ridecarts.com/services/medical>

Address: 9027 Northgate Boulevard
Austin, TX 78758

Number: 512-479-4610

Ending Community Homelessness Coalition (ECHO)

Days of Operations: Mon-Fri/ 9am – 5pm

Services: Housing for Homeless

Website: <https://www.austinecho.org/>

Address: 300 E. Highland Mall Blvd.,
Ste. 200, Austin, TX 78752

Sunrise Homeless Navigation Center

Services: Housing for Homeless, Food,
Clothing

Website: <http://sunriseaustin.org/homelessness>

Address: 4430 Menchaca Rd.
Austin, TX 78745

Number: [512-522-1097](tel:512-522-1097)

Army Fisher Houses

Services: Housing

Website: <https://armyfisherhouses.org/>

Number: 210- 466-5842

Note: Provides housing assistance to family members of someone with a serious medical condition

John Community Center

Days of Operations: Mon-Thur/ 8am-6pm;
Fri/ 8am-12pm

Services: Food, Clothes, Housing,
Transportation

Website: www.austintexas.gov

Address: 7500 Blessing Avenue
Austin, TX 78752

Number: 512-972-5159

South Austin Neighborhood Center

Days of Operations: Mon-Tues./7:30am-
6:30pm; Thur/ 7:30am-4pm

Services: Food, Clothes, Housing,
Transportation

Website: www.austintexas.gov

Address: 2508 Durwood, Austin, TX 78704
Number: 512-972-4942

Blackland Neighborhood Center

Services: Food, Clothes, Housing,
Transportation

Website: www.austintexas.gov

Address: 2005 Salina, Austin, TX 78722
Number: 512-972-5790

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HOUSING

Rosewood-Zaragosa Neighborhood Center

Days of Operations: Tues./ 7:30am-6:30pm;
Wed/ 7:30am-4pm; Fri/ 7:30am-11:30am

Services: Food, Clothes, Housing,
Transportation

Website: www.austintexas.gov

Address: 2800 Webberville Road
Austin, TX 78702

Number: 512-972-4942

Montopolis Neighborhood Center

Days of Operations: Mon-Tues/ 7:30am-7pm;
Wed-Thurs/ 7:30am-4:30pm; Fri/ 7:30am-12pm

Services: Food, Clothes, Housing,
Transportation

Website: www.austintexas.gov

Address: 2901 Montopolis Drive, Suite 1300
Austin, TX 78741

Number: 512-972-4942

OTHER RESOURCES

Area Agency on Aging of the Capital Area

Services: Aging Services Information, Referrals,
and Assistance

Website: <https://www.capcog.org/divisions/area-agency-on-aging/>

Number: 512-916-6062 or 888-622-9111

Grants for Seniors in Texas

Services: Resources for housing and rent assistance, financial assistance, health assistance, utility bills assistance, and food assistance

Website: <https://grantsforseniors.org/grants-for-seniors-in-texas/>

Grants for Seniors in Austin

Services: Houston specific resources for housing and rent assistance, financial assistance, health assistance, utility bills assistance, and food assistance

Website: <https://grantsforseniors.org/grants-for-seniors-in-austin>

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