

Houston Perinatal Resource Guide



FOOD DRIVE/FOOD PANTRIES

Houston Food Bank

Services: Food Pantry

Website: houstonfoodbank.org

Address: 535 Portwall St., Houston, TX 77029

Number: 832-369-9390

L.I.F.E. Houston

Days of Operations: Mon-Fri/ 9am –3pm

Services: Emergency Infant Formula

Website: <https://www.lifehouston.org/>

Address: 204 Clifton St., Houston, TX 77011

Number: 713-528-6044

Northeast Multi-Service Center

Days of Operations: Mon-Fri/ 8am -5pm

Services: Food Pantry

Website: [http://www.houstontx.gov/health/MSC/
Northeast Multi Service Center.html](http://www.houstontx.gov/health/MSC/Northeast_Multi_Service_Center.html)

Address: 9720 Spaulding St.
Houston, TX 77016

Number: 832-395-0472

The Way Food Pantry

Services: Food Pantry

Website: <https://www.wayfoodpantry.com/>

Address: The Way Church
24418 Interstate 45 North, Spring, TX 77386

Number: 281-681-8922

Katy Christian Ministries

Services: Food Pantry

Address: 5506 1st St., Katy TX 77493

Number: 281-391-3730

Faith Center - Food Pantry & Clothes Closet

Days of Operations: Mon – Fri/ 10am -1pm

Services: Food Pantry & Clothes Closet

Address: Faith Center - Spring Branch
8244 Long Point Rd., Houston, TX 77055

Number: 713-554-8801

Community Family Centers

Days of Operations: Mon- Fri /7:30am-5pm

Services: Food Pantry

Website: www.communityfamilycenters.org/

Address: 7524 Avenue E., Houston, TX 77012

Number: 713-923-2316

Email: debstring@aol.com

Supplemental Nutritional Assistance Program (SNAP)

Services: Food Assistance

Website: [https://www.yourtexasbenefits.com/
Learn/Home](https://www.yourtexasbenefits.com/Learn/Home)

Number: 281-874-0048

Trinity Lutheran Church

Days of Operations: Mon & Wed/ 9:30-11am

Services: Food Pantry

Website: [https://www.trinityklein.org/care/food-
pantry/](https://www.trinityklein.org/care/food-pantry/)

Address: Trinity Klein
5201 Spring Cypress Rd., Spring, TX 77379

Number: 281-290-4922

Note: We will assist 100 families a week. You must make an appointment online. Call for an appointment.

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MESA Outreach (Karen's Place)

Days of Operations: Every second and fourth Tuesday of each month from 5pm-7:30pm. A food fair/produce truck will be held from 9-11am on the third Saturday of every month.

Services: Food Pantry

Website: <https://www.mesa-outreach.org/>

Address: Bear Creek United Methodist Church,
16000 Rippling Water Drive
Houston, TX 77084

Number: 281-599-8536

South Union Church of Christ

Services: Food Pantry

Website: <https://www.southunioncoc.org/>

Address: 7427 Ardmore St.
Houston, TX 77054

Number: 713-747-5440

Email: secretary@sucoc.org

Note: Email for information.

TRANSPORTATION

Northwest Assistance Ministries (NAM)

Days of Operations: Mon-Fri/ 9am-2pm

Services: Car Repair/Replacement

Website: <https://www.namonline.org/>

Address: 15555 Kuykendahl Road
Houston, TX 77090

Number: 281-583-5600

Faulk Foundation

Days of Operations: Mon-Fri/ 8am -5pm

Services: Transportation

Website: <https://faulkfoundation.org/>

Address: 6135 Northdale St.
Houston, TX 77087

Number: 713-358-6327

Email: tff@faulkfoundation.org

Salvation Army (Aldine Westfield Corps)

Days of Operations: Mon-Fri/ 8:30am -7pm

Services: Transportation

Website: <https://rides.harriscountytexas.gov/Pages/default.aspx>

Address: 2600 Aldine Westfield Rd.
Houston, TX 77093

Number: 713-692-2283

Email: tsa.houston@uss.salvationarmy.org

Harris County Community Services Dept. (Share Ride Taxi Program)

Days of Operations: Mon-Fri/ 8am -5pm

Services: Transportation

Website: harriscountytexas.com

Address: 9418 Jensen Dr.
Houston, TX 77093

Number: 713-578-2216

Email: transit@hctx.net

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HOUSING

Change Happens

Days of Operations: Mon-Thurs/ 8am -6pm

Services: Housing

Website: <https://www.changehappenstx.org/contact>

Address: 3353 Elgin St.
Houston, TX 77004

Number: 713-374-1200

Horizon Outreach

Days of Operations: Mon-Fri/ 8am -5pm

Services: Housing

Website: <https://www.horizonoutreach.org/>

Address: 256 N. Sam Houston Pkwy,
E. Suite 115, Houston, TX 77060

Number: 713-467-4966

New Hope Housing

Days of Operations: Mon-Fri/ 8am -4pm

Services: Housing

Website: <https://www.newhopehousing.com/>

Address: 4415 Perry Street
Houston, TX 77021

Number: 713-522-4415

Email: info@newhopehousing.com

FINANCIAL ASSISTANCE

Northwest Assistance Ministries

Days of Operations: Mon-Fri/ 8:30am -4pm;
Call to make an appointment.

Services: Emergency Basic Needs

Website: <https://www.namonline.org/>

Address: 15555 Kuykendahl Road
Houston, TX 77090

Number: 281-885-4555

Email: naminfo@namonline.org

Temporary Assistance to Needy Families (TANF)

Services: Financial Assistance

Website: <https://hhs.texas.gov/>

Number: 877-541-7905

DENTAL CARE

Spring Branch CHC - Pitner Clinic

Days of Operations: Mon-Fri/ 8am -5pm

Services: Dental Care

Website: <https://www.sbchc.net/>

Address: 8575 Pitner Rd.
Houston, TX 77080

Number: 713-462-6555

Note: Serves residents of Fort Bend, Harris County, Montgomery and Waller County; offers sliding fee for uninsured.

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DENTAL CARE

Hacs Spring-Cypress

Days of Operations: Mon-Fri/ 9am-5pm

Services: Dental Care

Website: <https://avenue360.org/>

Address: 17010 Sugar Pine Dr.

Houston, TX 77090

Number: 713-426-0027

Legacy Community Health

Days of Operations: Mon- Fri/ 8am - 5:15pm;

Sat/ 8am - 4pm

Services: Dental Care

Website: [http://](http://www.legacycommunityhealth.org/)

www.legacycommunityhealth.org/

Address: 3811 Lyons Avenue

Houston, TX 77020

Number: 832-548-5000

Harris County Public Health Dental Health and Prevention Services - Southeast Clinic/ Humble Clinic

Days of Operations: Mon-Fri/ 8am –12pm &
1pm –5pm

Services: Dental Care

Website: [https://publichealth.harriscountytexas.gov/
Services-Programs/All-Services/Dental-Services](https://publichealth.harriscountytexas.gov/Services-Programs/All-Services/Dental-Services)

Address: Southeast Clinic-3737 Red Bluff Rd.
Pasadena TX, 77503 /Humble Clinic-1730 Hum-
ble Pl Dr, Humble, TX 77338

Number: Southeast Clinic-713.740.5013/
Humble Clinic-832.927.1300

Legacy Southwest Clinic

Days of Operations: Mon-Fri/ 8am-8pm;
Sat/ 8am-5pm

Services: Dental Care

Website: [https://](https://www.legacycommunityhealth.org/)

www.legacycommunityhealth.org/

Address: 1415 California St.

Houston, TX 77006

Number: 713-830-3000

Vecino Health Centers

Days of Operations: Thur-Fri/ 8am-5pm

Services: Dental Care

Website: <https://denverharborclinic.org/>

Address: 424 Hahlo Street

Houston, TX 77020

Number: 713-674-3326

WIC SUPPORT

Harris County Public Health: Women, Infants and Children (WIC) Program

Days of Operations: mon, tues, wed: 8am-
5:30pm, thurs-fri: 8am-2:30pm, sat: by
appointment

Services: WIC Support

Number: 713-407-5800

11 WIC centers in Harris county, must call and
make an appointment to WIC call center
WIC call center hours: mon-wed 8am-6pm,
thurs: 8-3pm, fri: 8am-2pm

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