# Texas Dental Prescription Resource Fact Sheet

The Texas Prescription Monitoring Program (PMP) collects and monitors prescription data for all Schedule II, III, IV and V controlled substances dispensed by a pharmacy in Texas or to a Texas resident from a pharmacy located in another state. The PMP also provides a venue for monitoring patient prescription history for practitioners and the ordering of Schedule II Texas Official Prescription Forms.

## Texas Dental Prescription Resource Fact Sheet

### BEST DRUGS FOR DENTAL PAIN

<table>
<thead>
<tr>
<th>PAIN LEVEL</th>
<th>MILD</th>
<th>MILD-TO-MODERATE</th>
<th>MODERATE-TO-SEVERE</th>
<th>SEVERE</th>
</tr>
</thead>
<tbody>
<tr>
<td>RECOMMENDED PAIN RELIEVER</td>
<td>An over-the-counter NSAID such as ibuprofen (Advil, Motrin IB, and generic) or naproxen (Aleve and generic).</td>
<td>A prescription-strength NSAID or a higher dose of an OTC product (as advised by your dentist).</td>
<td>Both an NSAID and acetaminophen (Tylenol and generic).</td>
<td>An NSAID and a prescription opioid for the first 24 to 48 hours. Then stepping back to just an NSAID, or an NSAID combined with acetaminophen.</td>
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<tr>
<td>IMPORTANT CAUTIONS</td>
<td>Never exceed the dose of a pain reliever recommended on the product label without your provider's OK.</td>
<td>Never exceed 8 extra strength 500mg acetaminophen tablets per day or a total of 4000mg of acetaminophen</td>
<td>Never combine prescription opioids that contain acetaminophen (Percocet Tylenol #3 and Vicodin) with an OTC product that contains acetaminophen (Tylenol and many cough and cold drugs). Doubling up on acetaminophen can damage the liver and can be fatal.</td>
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**NSAID** - Nonsteroidal anti-inflammatory drug


http://bit.ly/2CBu5hV

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## Ways Dentists Can Help with the Opioid Crisis

- Dental professionals should limit opioid prescriptions for acute pain to no more tablets than are necessary.
- Dental professionals should check prescription drug monitoring program data before writing an opioid prescription.
- Dental professionals should be ready to intervene when necessary. It's important to discuss your concerns with the patient.


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## Prescription/Opioid Resources


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ADA’s Mouth Healthy—"Opioids"

http://www.mouthhealthy.org/en/az-topics/o/opioids

ADA’s Policy Statement on the use of Opioid Treatment for Dental Pain

http://bit.ly/2h9FOeQ


AMA’s Encourage safe storage & disposal of all Rx medications

https://www.end-opioid-epidemic.org/storage-and-disposal/